

NEPHROLOGY ASSOCIATES OF MICHIGAN

## CHRONIC KIDNEY DISEASE PROGRAM

### NOW ENROLLING NEW PATIENTS

Based on clinical programs that have demonstrated improved patient outcomes when patients are seen by both nurse practitioners and physicians, Nephrology Associates of Michigan now offers a chronic kidney disease program.

Patients will be seen by the nephrologist or a nurse practitioner as directed by their level of kidney function. Visits with the nurse practitioners will have a strong emphasis on patient education and preventive care that is appropriate to the patient's renal function.

#### Education and services will encompass:

- Dietary instruction with a registered dietician
- Lifestyle modifications as needed to include smoking, weight loss, exercise and stress reduction techniques.
- How to slow worsening of kidney disease
- Medications- benefits and side effects of both prescription and over the counter drugs.
- Dialysis options- home therapies, peritoneal dialysis, hemodialysis and no treatment option.
- Conservative nondialysis care.
- Management of kidney related anemia and bone disease
- Blood pressure management
- Kidney transplant- education and referral.

**LET YOUR KIDNEY DOCTOR KNOW IF YOU ARE INTERESTED IN ENROLLING IN OUR PROGRAM. PLEASE CALL OUR OFFICE AT 734-712-3470 FOR QUESTIONS.**

