

NEPHROLOGY ASSOCIATES OF MICHIGAN

NON-STEROIDAL ANTI-INFLAMMATORY MEDICATIONS (NSAIDS)

NSAIDS are one of the most commonly used drugs in the world. They are often taken for headaches, joint pain and inflammation. Over 17,000,000 people use NSAIDS on a daily basis.

NSAIDS MAY BE HARMFUL TO YOUR HEALTH

Use of NSAIDS cause:

- **Sodium and water retention.** This can result in high blood pressure and swelling in your legs, abdomen, face and other areas of the body.
- **Harm to your kidneys.**
 - NSAIDS reduce blood flow to the kidneys and may damage kidney tissue.
 - NSAIDS may worsen kidney function and can lead to kidney failure.
 - Use for even a short period of time can be harmful to the kidneys
- **Electrolyte imbalances** causing higher potassium
- **Stomach/gastric ulcers**, bleeding ulcers, indigestion
- **People with kidney disease and heart disease should avoid use of NSAIDS.**
- **Commonly used non-steroidal anti-inflammatory medications are:**

	Brand Name	Generic Name
Over The Counter Medications	Advil	Ibuprofen
	Aleve	Naproxen
	Motrin	Ibuprofen
	Nuprin	Ibuprofen
Prescription NSAIDS	Actron or Orudis	Ketoprofen
	Clinoril	Sulindac
	Indocin	Indomethacin
	Mobic	Meloxicam
	Voltaren	Diclofenic Sodium
Prescription Cox-2 Inhibitors (these drugs have similar effects)	Celebrex	Celecoxib

Ask your nephrologist or primary care physician for suggestions of alternate pain control agents.