

## Surfin' the Net: Learning More about Kidney Disease

Website	Comments
<a href="http://www.aakp.org">www.aakp.org</a>	Side menu offers information on newsletters, transplant, dialysis & chronic kidney disease
<a href="http://www.asiarecipe.com">www.asiarecipe.com</a>	Site offers information on Asian culture, food, recipes and more. Watch sodium content of food
<a href="http://www.culinarykidneycooks.com">www.culinarykidneycooks.com</a>	Recipes and tips for preparing the renal diet. Ordering information for "Cooking for David: A Culinary Dialysis Cookbook." Also offers free recipe weekly from the above cookbook.
<a href="http://www.epogen.com">www.epogen.com</a>	Online cookbook for dialysis patients: "Southwest Cookbook"
<a href="http://www.foodsubs.com">www.foodsubs.com</a>	Cooking encyclopedia covering ingredients, kitchen tools, pictures, and suggested substitutions.
<a href="http://www.ikidney.com">www.ikidney.com</a>	Renal recipes and compliance tips; articles on diet, exercise and support phone group.
<a href="http://www.kidney.org">www.kidney.org</a> (National Kidney Foundation) NKF	Side menu: nutrition & diet, offers online printable cookbook: "Living Well on Dialysis..." and many other printable brochures on diet.
<a href="http://www.kidneydirections.com">www.kidneydirections.com</a>  Click on the USA flag	Information on kidney disease and treatment options including recipes and glossary of terms.
<a href="http://www.kidneyoptions.com">www.kidneyoptions.com</a>	A resource library with a search feature, recipe of the week, patient seminar schedule, and lots more.
<a href="http://www.kidneyschool.org">www.kidneyschool.org</a>	Interactive programs allow patients to learn at their own pace with instruction modules.

<a href="http://www.lifeoptions.org">www.lifeoptions.org</a>	Interactive program designed to help people learn about kidney disease and its treatment.
<a href="http://www.livingdonors.org">www.livingdonors.org</a> (from NKF website)	Information on organ donation, kidney transplant, government regulations, meetings, events and more.
<a href="http://www.mccormick.com">www.mccormick.com</a>	McCormick spice information, spices for health, nutritional data, cooks reference and recipes.
<a href="http://www.mrsdash.com">www.mrsdash.com</a>	Includes Mrs. Dash ingredient list, recipes, monthly menu, nutritional information and newsletter.
<a href="http://www.nephron.com">www.nephron.com</a>	Educational handouts on phosphorus, potassium, protein, sodium, fluids, and "Getting started on your renal diet", listing of dialysis units.
<a href="http://www.renalnutrition.org">www.renalnutrition.org</a>	Includes a list of cookbooks, recipes, nutrition health tips, and articles for patients.
<a href="http://www.renalweb.com">www.renalweb.com</a>	Click on top: If you're learning about dialysis. Gives information on dialysis for travelers, news headlines, patient education, etc.
<a href="http://www.transplantliving.org">www.transplantliving.org</a>	Transplant patient partnering program. Information and resources about kidney transplant
<a href="http://www.transweb.org">www.transweb.org</a>	All about transplantation and organ donation.
<a href="http://www.unos.org">www.unos.org</a>	United Network for Organ Sharing. News, quick links, and calendar of events.